



XC Ski F.I.T. Training Program

**Learn how to:
Ski-Well, Ski-Relaxed, & Ski-Strong**



This event is being offered for three weekends. Participants are encouraged to attend all three of these trainings. *Must register 7 days before the event*

June 20 - 22, 2008

September 26 - 28, 2008

December 19 - 21, 2008

Registration Form:

Name _____
(Please Print)

Address _____
(Please Print)

City, State, Zip _____
(Please Print)

Phone _____ E-mail _____
(Please Print) (Please Print)

Cost per training is \$150.00 for a total of \$400.00 for all three.
This total includes instruction from noon on Friday through noon on Sunday.
Includes a personal multipurpose stretching & strengthening device.

Training choices:

- _____ June 21 - 23, 2008 Only - Cost \$150.00
- _____ September 27 - 29, 2008 Only - Cost \$150.00
- _____ December 20 - 22, 2008 Only - Cost \$150.00
- _____ All three training weekends (June, September & December) - Cost \$400.00

Method of payment:

Credit Card Number _____

Type of Card _____ Exp. Date _____

Check Number _____ Make check payable to TEFI (Telemark Educational Foundation, Inc.)

Mail to:

Telemark Educational Foundation, Inc.
Attn: Deb Malesevich
P. O. Box 621
Cable, WI 54821

Payment in full is required when registering.
If you need to cancel 100% will be refunded if you cancel 15 days in advance.

Lodging available at Telemark Resort

877-798-4718 Ext. 0

Ask for the special rate for F.I.T. Training lodging!
Meals are available for purchase at Telemark Resort